

**Sand Springs Youth Football Association**  
**COVID Guidelines for Players, Coaches and Participants**  
**December, 2020**

In support of guidance from the State of Oklahoma Health Departments, in conjunction with the Centers for Disease Control, the Sand Springs Youth Basketball Association releases the following guidelines for participations, return to play and overall safety of our players, coaches, officials, volunteers, spectators and fans. These considerations are meant to cover those enjoying basketball while keeping in mind COVID-19 continues to be a fluid situation with protocols that may be different in each community and adjustments may need to be made from time to time and at short notice. Individual member organizations may choose to implement any or all portions of the guidelines at their locations or within their territories.

Parents are not allowed inside our SSPS gym practice facilities. Please wait outside in your vehicle, or return as needed at the end of practice to pick up your child.

Capacity will be limited at our game facility, Case Community Center. Case Center staff will maintain active occupancy counts and will cease entry upon reaching the maximum capacity. Gate entry tickets will be sold on a first come, first serve basis. This ticket will also serve as your re-entry if you need to leave and return to the gym for that game. Capacity limits may be changed by the City of Sand Springs at any time and we will adjust accordingly to maintain our partnership and do what's necessary to help our kids continue to play in a safe and healthy environment.

**DO NOT ATTEND PRACTICES, SCRIMMAGES OR GAMES IF:**

- A CDC defined exposure to COVID-19 exists. (CDC defines exposure as coming into contact 6 ft. or less for 15 minutes or longer).
- A temperature of 100.4 or higher is present.
- Any of the following signs or symptoms are present for unknown reasons:
  - Fever/Chills
  - Cough
  - Shortness of Breath
  - Fatigue
  - Muscle or body aches
  - Headaches
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting

- o Diarrhea
- o If a defined exposure to COVID-19 exists, a 10 day quarantine is recommended from time of defined exposure or feeling of first symptoms.
- o PLEASE: contact your coach and a SSYBA officer with any exposure or positive results.

**• ALL PLAYERS, COACHES AND FANS...  
GAMEDAY AT THE CASE**

Masks are required to enter Case Community Center. There will a new entry point this year at the exterior door on the Southwest side of the building. Participants and fans will exit the Case Center through the main doors on the East side of the building.

We ask that you practice social distancing as much as possible – 6 feet between families. Case Center has a current occupancy limit in place as it relates to COVID, please limit the number of fans to family as best as possible to help us stay within that number on game day. If the gym reaches max occupancy, no further fans will be allowed to enter until the number is reduced.

Please wait as long as possible to entering the Case Center prior to your game start. Players and coaches will be permitted to enter early. Players and coaches are required to wear face masks on the sidelines. Players can remove theirs once in play on the court.

**ALL PLAYERS, COACHES AND FANS...**

- Test for symptoms of COVID daily
- Wear face coverings when applicable
- Take temperature daily & before events
- Wash hands frequently and thoroughly
- Refrain from touching your face, eyes, nose and mouth